



CLOSE CONTACT

The Newsletter of the International Equestrian Organization, promoting “international style” riding (dressage) since 1958 – The oldest dressage organization in the United States. www.ieodressage.org

A Charter Group Member Organization of the USDF

May, 2014

Officers:

President: Evelyn Pfoutz 717-422-6203
Vice-President: Heather Hobbs
Treasurer: Jessie Barker 717-689-0103
Secretary: Margaret Hawn 717-919-5559

Board of Directors:

Tracey Bray 717-292-9924
Karen Pelton 717-497-0923
Barb Bigham 717-629-6671
Lisa Acey 717-443-1811
Dan Brown

Committee Chairs:

YR Coordinator: Samantha Bray 717-292-9924
Governance - Tracey Bray 717-292-9924
S.H.O.W. Program: Jessie Barker
Schooling Shows: Margaret Scarff
Clinics: Oxana Maitre
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Volunteers: Linda Colflesh
Membership: Jessie Barker
Trophies and Awards: Linda Colflesh
Hospitality: Lisa Johnson
Public Relations: Hayley McKay
Librarian: Beth Major 717-432-7068
Archivist: Katherine Nelson 717-235-6665
Website: Beth Major 717-432-7068

Big, big, huge thanks to Haley McKay during her internship... Her help has been invaluable!

IEO SCHOOLING SHOW SCHEDULE FOR 2014

Please remember that these shows now have awards for non-members again (the Series End awards) - so invite your non-IEO member friends.

May 18 at Spring Valley Park, York, PA
June 22 at Harmony Hill, York Springs, PA (team show)
July 20 at Wellsville Riding Club, Wellsville, PA
Aug 24 at Harmony Hill, York Springs, PA
Sept 21 at The Friendly Horseman's club, Denver, PA

The Omnibus prize list for IEO schooling shows is also distributed to local Tack Shops and 4H groups.

NEXT IEO MEETING – ALL MEMBERS ARE WELCOME

We encourage more attendance by members at the meetings. They are held the last Sunday of each month at Baker's Diner in Dillsburg at 4 p.m. We would like to hear input from the membership as to what they would like to do as far as social events, clinics, and to hear what the board is working on for the future.

FROM THE PRESIDENT

The May show is underway and entries need to be submitted. The new ribbons have arrived and they are lovely - the new trophies too.

June team challenge... is just around the corner so get your barn buddies together and send a team to represent your barn, your group of friends, a pony club, etc. Feel free to wear team/ barn colors ...polo shirts / saddle pads / brow bands for example.

The magnificent IEO challenge trophies from the days of our licensed competitions have been returned to the club and will be on display at the shows. A number of them will be re-purposed so our club can use them as year-end awards.

Looking forward to seeing everyone at Spring Valley! - Evelyn

IEO SECRETARY SCHOOL

Having been an IEO schooling show manager and/or secretary for at least 1 show a year for the past 15 – 20 years, I have had plenty of time for some trial and error learning. I remember when I said I would do my first show. I didn't have a clue. I was Manager and Secretary of that show. That was how it we did it back then. Thank goodness the shows were much smaller then too. I was given a box and was told there were instructions in the box. The instructions were basically written for doing a much larger rated show. So I had to modify them for my purposes at the time. The volunteer pool was much smaller then too. I remember being in a panic because I couldn't line up the help I thought I needed. I think we managed just fine with 3 people. (Can you imagine that with our shows today?) Anyway, after many years of being a show manager/secretary, I decided to back off a bit and take a rest this year. But, I felt that my many years of fine tuning my processes needed to be shared. Especiall with some first timers. Pammers Amende, Tammy Murphy and Margaret Scarff attended a training session on May 1st. They came prepared with computers and the spreadsheets I developed to learn the process. Hopefully this will give them the head start they need to be successful. I think it went very well and I the transition should be seamless to the competitors. I know there are many ways to "skin a cat", as the saying goes, but hopefully this training session gave everybody the tools to get a good start with good processes in place, without having to do as much learning on the fly. – Kim Hillyer

Is anyone interested in a **Field Trip to Hassler Dressage** or to the **Iron Spring Conformation Clinic** in July? How about a social evening prior to the first show? Or a trip to the **Festival of Champions** in N.J. June 12 – 15th? Surveys were emailed to members asking about what members want this year. Unfortunately only 3 were returned. Your Board is always available for your thoughts and suggestions. Maggie Hawn, Secretary.

THE HORSE'S BREATH by Hector Carmona

Every type of horse, regardless of breed and confirmation needs to be allowed to find itself through the richness and depth of its deepest breath. The conscientious rider needs to be seeking, searching and achieving this kind of deep breath. Without this breath, the foundation of training will always be lacking both physically and mentally. The arrival of this breath occurs when the horse is able to accomplish the full and complete stretch. The proper tempo

becomes obviously evident, and the musculature well lubricated in its movement of all body parts. There are no restrictions or limitations. It is a state of all resistance and tension of body and mind releasing and letting go.

There is no denying when this state is achieved. The horse will breathe in, inhaling at its deepest and fullest lung capacity and then breathe out letting out a clearly audible long exhale from its mouth and nose. And this will repeat itself until the horse has completely released any and all holding back from prisons of the mind and body that may have existed. This letting go needs to be learned and understood by the horse in order to achieve a state of completeness within itself of no holding back.

This breath enables the horse to be stress free, all tension is released, and the horse becomes serene in the harmony within itself. There are other types of breaths but without the ability to achieve the deepest breath the others will also be lacking as well as all other aspects of training. This is not an esoteric concept as all horses regardless of breed and confirmation are able to achieve this state and all riders are more than capable of guiding the horse to this breath if you follow the horse's lead.

In having retrained more than enough Thoroughbreds straight off the track with the bolting deep in their psyche in a split second as well as the panic stricken warmbloods who have learned to fight for their own preservation, the horse's guided and steered me to finding and actualizing this type of breath. While trying to stay alive and in survival mode, I came across this process during the rides, then afterwards with an anatomical eye understanding the horse's vertebrae. It is not mysterious or complicated at all.

If this breath settled the most disturbed and troubled of minds into relaxation and focus while moving actively it is then the basis of all training for all horses. The horse expels with it and through it lets you know it's ready to move on. Without this breath, the riding has not yet begun. Picture the horse loose becoming totally captivated by external stimuli, after its run it looks and takes its deepest breath. Energy remains, but there is a level of composure within him. In training, it's the same. All dressage movements are based on the horse at play and with its breathing it needs to be thought of in the same way. The Deep Breath is the basis from which the real training begins as it does resonate with all of its being. Every rider does possess the innate ability to allow the horse to find its deepest breath.

ENJOYING YOUR MEMBER PERKS DISCOUNTS?

Did you know that you are entitled to a discount on merchandise in the USDF store, and discounts on memberships and subscriptions with USDF's Member Perks partners? The discount codes are listed below for your convenience.

USDF Store (10% discount) – 2014MEM
Premier Equestrian (5% discount) – MyUSDF
DressageTrainingOnline.com (25% discount) – 95122014
MyDressageStats.com (One free month) – USDF2014
DressageClinic.com (15% discount) – USDF20108070

DressageMeetingOnline.com (15% discount) – USDF4DMO
USRider (\$29 reduction in the activation fee for new USRider members) – USDF14

IEO on the INTERNET

Beth Major, who oversees the **Website** and our **Facebook page**, is asking for suggestions on content for those sights. If you have any suggestions please contact her 717-432-7068 or her assistant, Hayley McKay.

USDF’S NEW PODCAST CHANNEL

Podcasts will include excerpts from many of the educational activities held at Adequan/USDF National Conventions and Symposiums, interviews with dressage legends, information about USDF programs and events, and other dressage news from across the country. The Official USDF Podcast channel is free, and available through the USDF website and on iTunes. Visit the USDF website at www.usdf.org.

OMNIBUS FOR LICENSED COMPETITION 2014 WILL BE ON LINE

Most USEF dressage competitions in Region 1 will be listed on line. Get all your show info on your Smartphone, iPad or Tablet. Region 1 now provides a page on the website that has all the same features of the old Omnibus such as show listings, access to dressage tests, Regional Championship rules, information about NAJYRC, Developing programs, Dover Medal (second level adult amateur) etc. as well as general competition information.

IEO YOUNG RIDER FUNDRAISER T-SHIRT

“**I Support Young Riders!**” only \$20. Orders to Samantha Bray, 717-292-9924; 160 Pinewoods Rd, Wellsville PA 17365. See the IEO website for details.

DO FEED NUTRENA FEED? Save your feed labels to benefit the IEO. Proofs for Nutrena feeds can be mailed to IEO Young Rider, Samantha Bray, at 160 Pine Woods Rd., Wellsville, PA 17365

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SOUTHERN STATES FEED LABELS: BENEFIT FOR IEO

YES! We are still collecting these feed labels, too! Triple Crown, Legends, and Reliance feed. The IEO Dressage Organization, a non-profit club, can benefit from your feed labels, similar to the FUTRENA label program. If you can **cut off your proof of purchase labels on the back of your bags**, the club will receive cash! Send these labels, to: **Jessie Barker, 49 Milton Grove Rd N, Elizabethtown, PA 17022**

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NEW BOLTON CENTER FREE LECTURES

Tuesday, May 6 at 6:30 p.m., **Holly Stewart**, VMD, will discuss the diagnosis, treatment, and future therapies for equine tendon injuries, as part of the Due to limited seating, reservations are recommended and can be made by contacting Barbara Belt at beltb@vet.upenn.edu. Dr. Stewart, a Resident in Surgery at New Bolton Center, has an interest in the effects of injuries on bones, cartilage, tendons, and ligaments. Her presentation will focus on some of the most common tendon injuries in athletic horses, which include injuries to the superficial and deep digital flexor tendons. Please check the website, <http://www.vet.upenn.edu/FirstTuesdays>, for the most current information.

Equine Gastric Ulcers

Tuesday, June 3, 2014, 6:30 p.m. – 7:30 p.m.

Event Admission: FREE

Reservations Recommended: 610-925-6500 or beltb@vet.upenn.edu

Penn Vet's Hofmann Center at New Bolton Center is offering seven short courses on equine reproduction and behavior this spring, including stallion handling, horse behavior, and mare and foal management.

The continuing education courses are open to veterinarians, owners, breeders, trainers, stallion handlers, vet techs, behavior specialists, and vet students and residents.

“Our participants tell us that they particularly enjoy the combination of small group classroom presentations and discussions, along with hands-on labs and demonstrations,” said Sue McDonnell, founding head of Penn Vet's Havemeyer Equine Behavior program at New Bolton Center. “Instructors can customize the material to each participant's needs and interests.”

ACTIVITIES COMING IN 2014

June 5-8, 2014 Festival of Champions at USET Headquarters Gladstone, NJ

July 15-20, 2014 NAJYRC in Lexington, KY

July 26 and 27, 2014 Youth Team Competition North hosted by VADA in Leesburg, VA

July 26 and 27 Sport Horse Seminar hosted by DVCTA at Iron Spring Farm, Coatesville, PA. Contact Anne Moss annemoss@verizon.net

October 2-5, 2014 USDF/GAIG Regional Championships in Williamston, NC

October 16-19, 2014 BLM Championships in Lexington, VA.

November 6-9 Dressage Finals Lexington, KY

November 13 Region One Web conference, 7pm

VISIT [e-TRAK](#); USDF'S ONLINE LEARNING CENTER

You can search for such things as “leg yield” and see written articles from past USDF Connection magazine articles as well as YouTube video selections from USDF produced DVDs. Available at *no cost* to all current IEO members. To access e-TRAK, IEO members just need to log in to the website at www.usdf.org/e-trak.

THE IEO LIBRARY

The IEO library has over 40 horse-related titles ranging from training to novels - something for everybody. The titles are now posted on the IEO website (www.ieodressage.org) so you can

see what is available. Is there something you would like to borrow? Something you would like to donate? Something you wish we had? Call or email librarian Beth Major. Phone: 717-432-7068 email: Beth.Major@ymail.com

CLASSIFIED ADS *IEO members advertise for free*

FIT RIGHT SADDLE SOLUTIONS - Saddle fit evaluations performed by Certified Saddle Ergonomist, Riding Instructor, Independent Saddle Fitter. For over 30 years, Terry Peiper based at Buck N Horse Hollow in Carlisle, PA has been "Helping Horses With Their People" through riding lessons and clinics. Recognizing the huge need for proper saddle fit Terry is a proud member of the Saddlesfit 4 Life network of equine professionals dedicated to preventing long term damage to horse and rider. Terry is also an Authorized Schleese Saddlery, Specialized Saddles & TW Saddlery Representative. Adjustable dressage, hunt seat, western performance, trail and endurance saddles are available for demonstration and trial rides. For a personal saddle fit evaluation, saddle fitting lecture or training session with your horse contact Terry at (717) 240-0723 tpeiper@aol.com or visit the web site www.bucknhorsehollow.com

18" Walhausen dressage saddle in very good condition, med/wide tree, with fittings and girth \$700 (saddle doesn't fit the rider). Ogilvy memory foam half pad over \$200 new. Asking \$100. Contact Shauna Sober at (717)576-4679 or email slr824@comcast.net for pictures

Wintec Isabel synthetic dressage saddle for sale: 4 years old, excellent condition, 18" seat, includes easy change gullet kit with all trees and gauges. Asking \$800.00 Contact Dane 717-919-2020

Beautiful Custom Saddlery Laguna dressage saddle for sale. mono-flap, deep seat, adjustable tree, wool flocked, buffalo hide flaps, 18" or 18.5" seat 3 years old and in almost new condition. Currently set for a medium size horse. Asking \$3100.00 Contact Diane 717-919-2020.

Keiffer "Aachen" dressage saddle Lovingly Cared For, Competed In And Sadly Outgrown! 17" Medium Tree Keiffer Aachen – Black \$400.00 Can Be Seen And Tried At Any IEO Show! Kathy Weaver, Harmony Hill Farm Harmony-hill-farm@earthlink.net 717-991-8157

Bits for sale... 5 3/4" KK Conrad Weymouth curb (square port for ergonomic comfort and helps with horses that get their tongue over the bit) (\$100), Korsteel Kimberwicke 5 1/2", (\$15), Korsteel curb bit (\$20), and a stainless steel 6" thick curb bit (\$10) missing one curb chain hook. (photos available) Also, 3 black 16" English leather brow bands (\$10 each). The first 2 are black padded. coolbreezedressage@gmail.com or 717-422-6203.

30" Wintec elastic cair dressage girth. \$90.00, 17" Triumph Schleese saddle \$2950.00, both in excellent condition. Contact Karen 717-497-0923 or kypelton@centurylink.net

BOARDING:

SHINING STAR STABLE has a full care boarding openings in Dillsburg. Full care boarding, training and riding clinics. We focus on Dressage training, but all disciplines are welcome. Full board is \$275. We have large size sanded outdoor arena and a large round pen as well as private trails. No stallions, but well behaved horses are welcome! Call or text Oxana Maitre 717-756-4202 check out our site at: <https://sites.google.com/site/shiningstarstable/>

HARMONY HILL FARM – harmony-hill-farm.com Private 18 stall facility with an exceptional individualized boarding program. Amenities include: full-court dressage arena, 275 X 150 main jump arena, attached indoor arena, manicured hacking fields and paths with permanent cross country jumps, wooded trails, access to water at our “beach”. Grass pastures and individual paddocks. Personalized instruction and training available in Hunters, Jumpers and Dressage. Professional references available upon request.

RIDE THRU THE WINTER! 65'x130' private indoor arena and large outdoor arena available for hourly rental. Indoor arena offers custom equestrian footing, extensive mirrors and a quiet environment, ideal for young horses. New Oxford, PA. Sue Smith 717-451-4726 or smsmith@mtholyoke.edu.

SPRING RIDGE STABLES is a full care boarding facility in Mt. Pleasant Mills, PA. 45 minutes from Harrisburg, we are easily accessed from either routes 11&15 or rt. 322. We offer 16 box stalls with daily stall cleaning, daily turn out in small groups in 7 spacious grass pastures, warm water wash bay, sand footed indoor arena and a large outdoor arena, and mowed riding trails, some wooded around the farm. Lessons available. We also have some good minded training level horses available for on farm lease, please call for availability. Boarding fee is \$350.00 per month. Please call for more information. 570.898.1050

NEED AN INDOOR ARENA FOR TRAINING? Cynthia (Cindy) Mattern, a USDF Bronze Medalist, has over 30 years of experience teaching riders and training horses in both Dressage and Hunt. She utilizes the pyramid for classical training. Cindy accepts trailer-ins at two (2) barns in the Dillsburg area, plus one (1) in Perry County. She will travel to you. See her ad in the IEO website. Call 717-796-0755 or kroniek1@aol.com References available.

If you would like to add or remove a classified ad, please call Kathy Nelson 717-235-6665 or email katherinnelson08@comcast.net. Non-member ad rates: Full page \$20. per issue; Half page \$15. per issue; Quarter page \$10. per issue; Classified ad or business card ad \$5. per issue. ‘Camera ready’ ad copy should be sent to Katherine Nelson, 9856 Holly Hill Lane, New Freedom, PA 17349.

Dues for December 1 – November 30

2014 IEO Membership Application

Name: _____

Address: _____

Telephone: _____ E-mail: _____

_____ Young Rider (under 22 years old) \$45.00 date of birth: _____

_____ Individual or Primary Adult \$50.00

_____ Additional Family Members \$35.00 each

One of the current membership benefits that IEO members enjoy is the ability to qualify and show at the Colonel Bengt Ljungquist Memorial (CBLM) Championships held every year. Are you interested in qualifying for this show in 2014? _____yes _____no

List participating family members: (Include date of birth for Young Riders)

Make check payable to I.E.O. and send to: Jessie Barker
49 Milton Grove Rd. N
Elizabethtown, PA 17022

