



CLOSE CONTACT

The Newsletter of the International Equestrian Organization, promoting “international style” riding (dressage) since 1958 – The oldest dressage organization in the United States. www.ieodressage.org A Charter Group Member Organization of the USDF

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July-August, 2015



PRESIDENT'S CORNER

Whew! It's been a hot summer so far and our show series has been heating up as well! Thank you all for your support and participation. We have a wonderful organization because of the combined efforts of our membership – give yourselves round of applause please!!!. As you read through this month's newsletter and future E-Blasts, you will see some new services for our members. Many of the projects your leadership team envisioned in January are coming to fruition : Lesson Lottery, Scholarship Program, on-line shopping mall for spirit wear and some projects yet to come!

Thank you to those who responded to our recent survey monkey. We didn't hear from everyone but a nice sized group. Please remember these surveys help us plan and move forward with prsjects. As we are an all volunteer Board and discretionary time is limited for all of us, we like to put our time and energy into projects that serve our membership best and get the most return for the time invested. That said, it would be great to hear from everyone - this is your opportunity to voice your opinion and move your favorite initiatives to the top of the list! This survey produced the following results: majority of responders were not interested in a group trip to Dressage at Devon; a third of the responders were interested in a Patrick King Clinic either auditing or riding; the majority of responses about the End of Year Awards Dinner either had no preference to start time or liked the idea of a 6:0pm start time – we will do our best to accommodate these votes!

Looking ahead to September, please put September 27th on your calendar! This is a Board and General membership meeting date. We named this meeting “Tailgate with Terry”!!! In honor football season, we will have a little get together and a saddle fitting demo/talk with Terry Peiper. Terry has graciously offered her farm as the venue for this event. Stay tuned for more details in a future newsletter and EBlast!!!

Our August Schooling Show is just a breath away – let's get those entries in early so we can accommodate your needs as best as we can!!!! Do you have your volunteer time? If not, we need you!

It's gonna be a great year!!!
Lisa Acey
2015 IEO President

THE IEO MALL

The IEO has partnered with Elizabethtown Sports to provide an on-line shopping experience for IEO spirit wear such as polo shirts, sweat pants, jackets, fleece wear, hats, visors, tumblers, go cups , seat cushions and lots more! The mall will be opened 3-4 times during the year , and will open this Fall. Members can make on-line purchases and have the items delivered to their door! Stay tuned for more details in the September newsletter!

2016 LEADERSHIP NOMINATIONS

It is almost time to prepare a slate of candidates for the 2016 leadership team. Please pay careful attention to forthcoming instructions for nominating members and submission of those nominations to the nominating committee . These instructions will go out in an Eblast complete with the form needed by the committee. We will also publish same in the September Newsletter. This is an important annual event please stay tuned. Nominations will be due by September 30th, but will also be accepted from the floor during the October Board Meeting and November Awards Dinner.

DRESSAGE CLINIC AT HOBBY HORSE STABLES:

Major Jeremy Beale instructor
Clinic will be held Wednesday JUNE 24, 2015
Hobby Horse Stables
120 Wellsville Road
Wellsville, PA 17365
Please reply to Lynn at: Heatherwood7@comcast.net

WESTERN PENNSYLVANIA DRESSAGE ASSOCIATION IS COMING TO QUENTIN!

Our sister GMO, the WPDA, was unable to secure a venue in Western Pennsylvania for their two rated horseshows this year so they will be holding them at the Quentin Riding Club show grounds in Lebanon. The date of the next show is August 15-16. If you would like to be involved, please contact Lisa Acey at hunerridge13@aol.com . You can find out show details by checking out the WPDA website at: <http://wpdadressage.org/usefusdfrecognizedshows.html> Thank You!

CLINIC IN NEW OXFORD August 16, 2015

Dom Schramm, international 3* Eventer and trainer, will be offering a Dressage/Show Jumping clinic in New Oxford, PA. Dom and his wife, Jimmie, star in their “how to” web series Evention TV, as well as competing through Advanced level Eventing. Methodical and positive in his training and teaching methods, Dom is just as much at home starting young prospects as he is campaigning upper level horses. \$110 for 45 min private dressage lesson; \$90 for a group jump school, divisions from cavaletti to 3'+. For info, please contact Sue Smith smsmith@mtholyoke.edu or 717-451-4726.

TEN HOT-WEATHER TIPS FOR HORSES FROM PENN VET'S NEW BOLTON CENTER

(June 12, 2015; Kennett Square, PA) -- Summer is a great time to enjoy your horse, but summer heat can be dangerous for horses, resulting in dehydration, lethargy, and general malaise. Severe

heat stress may cause diarrhea, or even colic. Following these 10 tips and using common sense will help keep you and your horse safe and comfortable during the hot days ahead.

Dr. Janet Johnston, an Emergency and Critical Care veterinarian at Penn Vet's New Bolton Center, offers the following tips as we approach the first day of summer:

1. Choose cooler turnout times. If your horse has a stall, but is turned out for part of the day, provide turnout during the cooler hours. Overnight is ideal, but if that's not possible, then have the horse go outside as early as possible during the day. Remember the summer heat can also take a toll on the quality of your pasture. You may need to provide additional feed as the grass becomes sparse to maintain proper body condition and energy.
2. Provide shade. If your horse lives outdoors, or if it must be outside during the day, provide relief from the sun. A run-in shed is best. Trees are a source of shade, but as the sun moves, so will the shade. Make sure that, regardless of the time of day, available trees are offering shade.
3. Move the air. Fans are a great way to help keep the air moving in the barn, but use them wisely. Your horse will benefit most if the fan is pulling the hot air out of the stall, not pushing air into the stall. And always ensure that your horse cannot reach cords and plugs.
4. Mist your horse. If you are fortunate enough to have a system to mist your horse, use it. As the moisture is absorbed from your horse's skin, it will take away some of the heat. Frequent mistings are far more effective than a single dousing with a hose.
5. Provide fresh, cool water and an electrolyte source. Make sure your horse has plenty of fresh, cool water. A bucket hanging on a fence will get warm, and the water will no longer be appealing. Left long enough, the water will also become stagnant and unhealthy. If you are providing clean, cool water and your horse doesn't seem to be drinking, then encourage it by providing a salt block, or even by misting hay with salt water. If your horse is sweating a great deal, water laced with electrolytes can help keep its body in balance. Whenever you offer electrolytes, however, be sure to offer fresh water, as well, because too many electrolytes can be harmful.
6. Slow down the work. Don't think that because your horse has been working intensely at 1:00 pm every day that it can take the heat when the temperature tops 90 degrees. If you have to work your horse in the heat, lighten the work or spread it out over a couple of short sessions. This is especially important when the humidity is high, contributing to the poor quality of the air your horse is breathing. Cool your horse down slowly, and offer frequent sips of cool, not cold, water. Take the tack off as soon as you're done and sponge the horse off again with cool, not cold, water.
7. Stick to a schedule. Within the parameters of keeping your horse cool, try to stay as close as possible to a normal schedule. Too much change at one time can be an invitation to colic.
8. Avoid sunburn. Horses, especially white horses, can suffer from sunburn. Even those with white socks and blazes, pink noses, or hairless patches from scarring can be susceptible. Using a fly scrim can help. In addition, applying sunblock such as zinc oxide, to small, particularly

vulnerable areas can be effective. Staying out of the sun's harmful rays will, of course, be best. (Also be aware: if a horse has excessive sunburn, it could indicate a rare, underlying liver disease).

9. Clip horses with longer hair coats. Clipping is important, especially for those with Cushings disease. While some coat can provide protection from the sun and insulation, a long, thick coat tends to hold heat and makes it difficult for the horse to cool down. Be careful not to clip the hair too close, as it provides some protection from damaging rays.

10. Know your horse and signs of heat stroke. Heat stroke can happen anytime your horse is exposed to excessive heat and its body cannot handle it. Heatstroke obviously can happen if exercising in hot conditions, but be aware that it can also happen if standing in a hot stall or trailer.

You should know your horse's normal temperature, heart, and respiratory rates. To find the heart rate of a horse, simply find a pulse and count the beats for 15 seconds, then multiply that number by 4, which will give the beats per minute. Count the breaths per minute in a similar way. Signs of heat stroke can include:

- An elevated heart rate that does not return to normal in a reasonable period of time
- Excessive sweating OR lack of sweating
- Temperature that persists above 103 F
- Depression, lethargy
- Signs of dehydration: dry mucous membranes, poor capillary refill, and poor skin turgor

If you are concerned that your horse is suffering from heat stroke, call your veterinarian immediately and get your horse into a cooler environment.

It's AMOST TIMETO RENEW THOSE MEMBERSHIPS!

As a reminder, we have a NEW Membership option! It is called a "Supporting Member" and the cost of this membership is \$30/year versus a Full Membership cost of \$50/year. We have also made the NEW MEMBERSHIP FORM interactive. AND in the months ahead you will be able to PAY to JOIN OR RENEW YOUR MEMBERSHIP ONLINE!!!! Thanks to our forward-thinking webmaster, Beth Major!!!! Thank you Beth!!

There are two ways you can submit your NEW Application Form.

Option 1:

The document is interactive and if you have appropriate software installed you can TYPE directly onto this form and then print it out and Email or Mail it. ** Information is noted below **

Option 2:

Print out the document and handwrite directly onto this form.

** Two ways to send in this form:

1. Email your typed or handwritten completed form to Cindy Mattern: kroniek1@aol.com
If emailing your form, in your subject line, please state: IEO (your name) Application 2015

2. Mail your typed or handwritten completed form to Cindy Mattern, 2889 Ford Farm Rd, Mechanicsburg, PA 17055 Cell: (717) 979-0247

If you have any questions or you are unable to open the interactive membership form from the IEO website, please reply to, Kathi Rickert at: kathir@mautilities.com

Thank you for updating your information for us! Your 2015 Membership Chair, Cindy Mattern

If you need volunteer time and would like to help at the June 14th show, let Cindy Mattern know. 717-979-0247 or kroniek1@aol.com

USDF LAUNCHES NEW YOUTH DRESSAGE SPORT HORSE BREEDER/HANDLER SEMINAR

The United States Dressage Federation is pleased to announce its partnership with Dressage at Devon to create a new sport horse seminar geared toward youth. This new seminar has been created to familiarize the younger generation with the dressage sport horse industry. The seminar will be held September 28-29, 2015 at Dressage at Devon and will consist of classroom and practical handling sessions, along with the opportunity to observe competition classes and practice judging. Visit the USDF website for more information.

USDF MEMBER GUIDE CORRECTIONS

Members riding the following tests should be aware of corrections to the tests printed in the 2015 Member Guide:

- USEF First Level Test 1; movement #11 should read F-X-H Change rein. X Working trot
- FEI Prix St. Georges; movement #2 should read C Track to the right, M-X-K Medium trot, K-A-F Collected trot
- FEI Intermediate Test 1; movement #15 should read H-X-F Extended Canter

Complete copies of these score sheets can be found on the USEF website. The 2015 USDF tests can be seen at the <http://www.USDF.org/competitions/competitors/tests.asp>.

ENJOYING YOUR USDF MEMBER PERKS DISCOUNTS?

Did you know that you are entitled to a discount on merchandise in the USDF store, and discounts on memberships and subscriptions with USDF's Member Perks partners? The discount codes are listed below for your convenience.

USDF Store (10% discount) – 2014MEM

Premier Equestrian (5% discount) – MyUSDF

DressageTrainingOnline.com (25% discount) – 95122014

MyDressageStats.com (One free month) – USDF2014

DressageClinic.com (15% discount) – USDF20108070

DressageMeetingOnline.com (15% discount) – USDF4DMO

USRider (\$29 reduction in the activation fee for new USRider members) – USDF14

USDF'S PODCAST CHANNEL

Podcasts will include excerpts from many of the educational activities held at Adequan/USDF National Conventions and Symposiums, interviews with dressage legends, information about USDF programs and events, and other dressage news from across the country. The Official USDF Podcast channel is free, and available through the USDF website and on iTunes. Visit the USDF website at www.usdf.org.

CLASSIFIED ADS IEO members advertise for free

TWO JACKETS FOR SALE.

- 1) Black dressage Diana Pikeur, 100% polyester, size 12, gray lining, very little wear, \$225.00
- 2) Black melton wool hunt jacket from M.J.Knoud, Madison Avenue, New York. Top quality, size 12. \$250.00 *Montie Eagle*

SMITH WORTHINGTON STELLAR CALYPSO DRESSAGE SADDLE 18.5 inch seat, wide tree, 3 months of ride time , my horse developed his back and it no longer fits. The saddle is wool flocked and can be adjusted by Smith Worthington. I opted not to do this as I had another saddle that now fits nicely. Pictures on request, Located in Felton PA . \$950 cash 717 968-6574 please leave a message.or maggiemoyer4@gmail.com

FIT RIGHT SADDLE SOLUTIONS - Saddle fit evaluations performed by Certified Saddle Ergonomist, Riding Instructor, Independent Saddle Fitter. For over 30 years, Terry Peiper based at Buck N Horse Hollow in Carlisle, PA has been "Helping Horses With Their People" through riding lessons and clinics. Recognizing the huge need for proper saddle fit Terry is a proud member of the Saddlefit 4 Life network of equine professionals dedicated to preventing long term damage to horse and rider. Terry is also an Authorized Schleese Saddlery, Specialized Saddles & TW Saddlery Representative. Adjustable dressage, hunt seat, western performance, trail and endurance saddles are available for demonstration and trial rides. For a personal saddle fit evaluation, saddle fitting lecture or training session with your horse contact Terry at (717) 240-0723 tpeiper@aol.com or visit the web site www.bucknhorsehollow.com

18" Walhausen dressage saddle in very good condition, med/wide tree, with fittings and girth \$500 (saddle doesn't fit the rider). Ogilvy memory foam half pad over \$200 new. Asking \$100. Contact Shauna Sober at (717)576-4679 or email slr824@comcast.net for pictures

30" Wintec elastic cair dressage girth. \$90.00, 17" Triumph Schleese saddle \$2950.00, both in excellent condition. Contact Karen 717-497-0923 or kypelton@centurylink.net

BOARDING:

RIDE THRU THE WINTER! 65'x130' private indoor arena and large outdoor arena available for hourly rental. Indoor arena offers custom equestrian footing, extensive mirrors and a quiet environment, ideal for young horses. New Oxford, PA. Sue Smith 717-451-4726 or smsmith@mtholyoke.edu.

SPRING RIDGE STABLES is a full care boarding facility in Mt. Pleasant Mills, PA. 45 minutes from Harrisburg, we are easily accessed from either routes 11&15 or rt. 322. We offer 16 box stalls with daily stall cleaning, daily turn out in small groups in 7 spacious grass pastures, warm water wash bay, sand footed indoor arena and a large outdoor arena, and mowed riding trails, some wooded around the farm. Lessons available. We also have some good minded training level horses available for on farm lease, please call for availability. Boarding fee is \$350.00 per month. Please call for more information. 570.898.1050

INSTRUCTOR WILL TRAVEL TO YOU AND HAS ACCESS TO SEVERAL INDOOR ARENAS from which to teach. Cynthia (Cindy) Mattern, a USDF Bronze Medalist, has over 30 years of experience teaching riders and training horses in both Dressage and Hunt Seat. She utilizes the pyramid for Classical Training and accepts trailer ins at barns from Gettysburg to Perry County. She will also travel to you. See her ad in the IEO website. Call 717-796-0755 or kroniek1@aol.com References available.

If you would like to add or remove a classified ad, please call Kathy Nelson 717-235-6665 or email katherinnelson08@comcast.net. Non-member ad rates: Full page \$20. per issue; Half page \$15. per issue; Quarter page \$10. per issue; Classified ad or business card ad \$5. per issue. 'Camera ready' ad copy should be sent to Katherine Nelson, 9856 Holly Hill Lane, New Freedom, PA 17349.

Harmony Hill Farm, Inc.



141 Bateman Road York Springs, Pennsylvania 17372
717.528.4247 Harmony-Hill-Farm.com

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Contact Us For Your Persona, Confidential Interview.

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