



CLOSE CONTACT

The Newsletter of the International Equestrian Organization, promoting “international style” riding (dressage) since 1958 – The oldest dressage organization in the United States.

www.ieodressage.org

July, 2012

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Vice-President: Karen Pelton	717-497-0923
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Secretary: Maggie Hawn	717-232-2015
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Membership:	Cindy Mattern
Trophies and Awards:	Kim Hillyer
Librarian:	Beth Major 717-432-7068
Archivist:	Katherine Nelson 717-235-6665

Charter Group Member Organization
of the USDF

NEXT IEO MEETING

Will be held Sunday, August 19 at 4 PM at Cindy Mattern's home. RSVP 717-796-0755.

If you would like to volunteer at the next schooling show, please email Cindy Mattern, the July show Manager at: kroniek1@aol.com

THE IEO 2012 SHOW DATE SCHEDULE NOW ON THE WEBSITE

Sunday, July 22, Sunday, August 26, and Sunday, Sept. 23

The show Omnibus is now on the website: www.ieodressage.org. We are offering Stakes Classes with MONEY PayBack!

IEO SCHOOLING SHOWS NOW HAVE A SNACK BAR!

The IEO is happy to announce that we have found a chef who will be cooking for our schooling shows for the rest of the season. No longer will you have to pack lunch for you as well as your horse and there will be a wonderful variety of delicious and healthy choices. The menu includes cold sandwiches (Ham, Turkey, Veggie Wraps, etc.), hot sandwiches (Pulled Pork BBQ, hot dogs), salads (Tossed Salads, Fresh Fruit Cup, Taco Salad), as well as fresh fruits, pastries, bagels, muffins, cookies and even fruit pies. There will be hot coffee to start the day and cold bottled juices and sodas too. We hope when you come to our next show in July that you will bring your appetite as well as your tall boots and try out our new food stand!

All materials must be submitted in writing by the 20th of each month for the next issue of “Close Contact” to the Editor, Katherine Nelson, 9856 Holly Hill Lane, New Freedom, PA 17349, or fax: 717-235-2853, or email katherinnelson08@comcast.net with “IEO” in the subject bar. Officers and board members must submit reports. Newsletters are mailed around the first of each month. Material submitted after the due date will be held for the following issue. Persons submitting material will be responsible for any violation of copyright laws. The editor reserves the right to shorten and/or edit any material received. Editor: Katherine Nelson, 9856 Holly Hill Lane, New Freedom, PA 17349; 717-235-6665; email KatNels@msn.com

SCHOOLING SHOW RIDERS PHOTO PROOFS READY

Photos from the May and June schooling shows are now available on the website from Cove Creek Photography. http://web.me.com/ktully56/IEODressage/June_2012_Photos.html

TEN TIPS TO KEEP YOUR HORSES COOL – FROM NEW BOLTON CENTER

As a record setting heat wave envelops the nation, a veterinarian's advice on keeping horses safe and comfortable

The heat can play havoc with your horse's health. It can result in dehydration, lethargy and general malaise. Severe heat stress may result in diarrhea and even colic. Janet Johnston DVM, board-certified in surgery and internal medicine, and an emergency critical care veterinarian at University of Pennsylvania School of Veterinary Medicine's New Bolton Center, suggests the following ten tips to keep your horse comfortable and safe in the summer heat.

1. Choose your turnout times. If your horse has a stall, but is turned out for part of the day, provide turnout during the cooler hours. Overnight is ideal, but if that's not possible, as early as possible during the day is best.
2. Give him shade. If he lives outdoors, or must be out during the day, provide relief from the sun. A run-in shed is best. Trees are a source of shade as well, but as the sun moves, so will the shade. Make sure that no matter what time of day it is, the available trees are really offering shade.
3. Move that air. Fans are a great way to help keep the air moving in the barn, but use them wisely. Your horse will benefit most if the fan is pulling the hot air out of the stall, not pushing air into the stall. And always ensure that cords and plugs can't be reach by your horse.
4. Mist it. If you are lucky enough to have a system to mist your horse, use it. As the moisture is absorbed from your horse's skin, it will take away some of the heat as well. Frequent misting is far more effective than a single dousing with the hose.
5. Lead him to water. Make sure your horse has plenty of fresh, cool water. A bucket hanging on a fence will get warm, too warm to be appealing to your horse. Left long enough it will also become stagnant and unhealthy. If you are providing clean, cool water and your horse doesn't seem to be drinking, encourage him by providing a salt block, or even misting hay with salt water.
6. Electrolytes. If your horse is sweating a great deal, water laced with electrolytes can help keep his body in balance. Whenever you offer electrolytes, however, be sure to offer fresh water as well. Too many electrolytes can be harmful.
7. Slow down the work. Don't think that because your horse has been working intensely at 1 pm every day that he can take the heat when the temperature tops 90 degrees. If you've got to work him in the heat, lighten the work or break it up into a couple of short sessions. This is especially important when the humidity is high, contributing to the poor quality of the air he is breathing.
8. Stick to a schedule. Within the parameters of keeping him cool, try to stay as close as possible to his normal schedule. Too much change at one time can be an invitation to colic.
9. White out! Horses, especially white horses, *can* suffer from sunburn. Even those with white socks and blazes, pink noses or even hairless patches from scarring can be

problematic. Using a fly scrim can help; applying sunblock to small, particularly vulnerable areas can also be effective. Staying out of the sun's harmful rays will, of course, be best. (Also be aware: if a horse has excessive sunburn it could indicate a rare, underlying liver disease)

10. Clipping horses with longer hair coats is important ... especially those with Cushing's disease. While some coat can provide protection from the sun and insulation, a long, thick coat tends to hold heat in and make it difficult for the horse to cool down.

SWEDISH WARMBLOOD/TB MARE FOR SALE

Estrela-very nice 6 yr. old 16 H registered Swedish Warmblood/TB liver chestnut mare for sale currently riding at 1st level dressage, has also had some jumping training. She is currently on training board with Phoebe Devoe at Thornridge Manor in Glen Arm, MD. There are pictures, video, & more information about her on the website www.thornridgemanor.com. She was not a match for her owner who has purchased another horse. She is priced at \$15,000.00, but reasonable offers will be considered. Please contact Karen Kindt at 717-697-3773 or Phoebe Devoe through her website.

IEO PRESIDENT'S LETTER

"It's not what we do once in a while that shapes our lives. It's what we do consistently."
Motivational speaker, Anthony Robbins

Consistency is a wonderful quality to develop as a dressage rider. Since horses are creatures of habit, smart riders use the same aids in the same way every day as part of their systematic method to train their horses because it minimizes confusion and quickens the learning process. A half halt on Monday should be the same as a half halt on Tuesday and if a balanced, straight and square halt was insisted on when riding Wednesday, you must enforce the same rules for Thursday. Reliable and constant aids help us to communicate effectively, thereby allowing our horses to respond in a uniform and correct manner.

But consistency means more than just utilizing the same aids to engage our horses in a conversation about lateral suppleness or lightening the forehand. Consistency is one of the secrets of good horsemen and one of the major differences between serious dressage equestrians and casual riders. Developing a consistent daily riding routine that seeks to improve your horse's physical and mental well being requires devotion to both your horse and the sport of dressage. Healthy lifestyle expert and author, Holly Mosier, says, "It's like anything else. If I want to tone muscle, lifting a 10-pound weight a few times every day will move me toward my goal much quicker than hoisting a 50-pound barbell once a week. Yes, it really is true: Slow and steady wins the race. Just try a little, every day. You'll see."

Trying a little more every day is the secret in dressage – and maybe in life too? We are what we consistently practice, so if we want to succeed in developing a graceful, balanced and beautiful athlete then we need to practice our dressage exercises daily. Keep a riding log to record your long and short term goals, your daily plans and actual daily accomplishments. Make certain that you include both your fabulous achievements ("first clean flying change from right lead to left!") and your continued challenges ("needs to be more uphill, still tense through his topline during down transitions"). By keeping a daily log, you will be recording your journey

forward and developing the habit of consistently schooling your horse every day. Try it – you'll like it!
Susan Moody, IEO President

YOUNG RIDERS' CORNER

Attention Young Riders who are in or entering high school! Did you know that you can earn your varsity equestrian letter even if your school does not have a team or club? The USEF is sponsoring the High School Equestrian Athlete program. This program is open to equestrian athletes in all breeds or disciplines who are enrolled in grades 9-12, and are currently USEF members, or become USEF members. The program will run June 1–May 31 of each year, and will honor those who document their training and competition involvement.

One of our own IEO Young Riders was recently recognized by the USEF and awarded her varsity letter for the High School Athlete Program. **Samantha Bray** was recognized for dedicating herself to a sport that requires tremendous training and preparation for competition. The USEF and the High School have acknowledged that equestrian athletes take the concept of teamwork to the highest level as they form a partnership with a horse; two independent beings working together and communicating with one another to achieve an overall goal.

If you are interested in additional information regarding this USEF program, please visit <http://www.usef.org/IFrames/Youth/highschool/highschool.aspx>. And remember that the IEO schooling shows count toward your required competitions!

Tracey J Bray, CFE, CFSSP, CFSA

NEW BOLTON CENTER FREE LECTURES

September 4, 2012 Dean Richardson, DVM, DACVS

New techniques in equine fracture repair

October 2, 2012 Eric Parente, DVM, DACVS

Airway Surgery: Is it any easier now for your horse to breathe?

November 6, 2012 Joy Tomlinson, DVM **Headshaking syndrome in horses**

December 4, 2012 Jonathon Palmer, VMD, DACVIM **The critically ill foal**

January 8, 2013 Santiago Garcia, MVZ **Easy keepers - Metabolic disease in horses**

February 5, 2013 Mary Utter, DVM, DACVO

Eye cancer in horses - What it looks like and what you can do about it

This schedule is subject to change. Please check the website, <http://www.vet.upenn.edu/FirstTuesdays>, for the most current information.

VISIT [e-TRAK](#); USDF'S NEW ONLINE LEARNING CENTER

Available at *no cost* to all current IEO members, e-TRAK is USDF's online learning center for dressage and equine education. Through one convenient location, members can access hundreds of educational resources, engage in structured learning activities, and earn USDF University Program credit! To access e-TRAK, IEO members just need to log in to the website at www.usdf.org/e-trak.

USDF and RFDTV Bring Dressage to Your Living room

Watch Robert Dover, Hilda Gurney, Jessica Ranshousen and Michael Poulin as they delve into the many aspects involved in the progressive dressage training of the horse and rider. Show times can be found on the USDF website.

THE IEO LIBRARY NEEDS YOU!

You know the adage, "neither a borrower nor a lender be", but we want you to be both. The IEO library has over 40 horse-related titles ranging from training to novels - something for everybody. The titles are now posted on the IEO website (www.ieodressage.org) so you can see what is available. Is there something you would like to borrow? Something you would like to donate? Something you wish we had? Call or email librarian Beth Major. Phone: 717-432-7068 email: Beth.Major@ymail.com

ACTIVITIES COMING IN 2012

July 28-29 Region One North Youth Team Competition Morven Park Leesburg, VA Contact: Alison Head lookingglassfarm@mac.com

September 26-30 Dressage at Devon www.dressageatdevon.org.

October 6-7 Region One Adult Clinic with Lilo Fore at Averett College Danville, VA Contact: Polly Yeago payeago@bellsouth.net

October 18-21 BLM Championships Virginia Horse Center Lexington, VA Contact: Dianne Boyd greyhorse11@gmail.com

November 1-4 USDF/GAIC Regional Championships Williamston, NC Contact: Martie Healey martieh@cox.net

November 10 Region One Fall Meeting Leesburg, VA Contact: Lisa Schmidt crisismgt@aol.com

CLASSIFIED ADS *IEO members advertise for free*

FIT RIGHT SADDLE SOLUTIONS - Saddle fit evaluations performed by Certified Saddle Ergonomist, Riding Instructor, Independent Saddle Fitter. For over 30 years, Terry Peiper based at Buck N Horse Hollow in Carlisle, PA has been "Helping Horses With Their People" through riding lessons and clinics. Recognizing the huge need for proper saddle fit Terry is a proud member of the Saddlesfit 4 Life network of equine professionals dedicated to preventing long term damage to horse and rider. Terry is also an Authorized Schleese Saddlery, Specialized Saddles & TW Saddlery Representative. Adjustable dressage, hunt seat, western performance, trail and endurance saddles are available for demonstration and trial rides. For a personal saddle fit evaluation, saddle fitting lecture or training session with your horse contact Terry at (717) 240-0723 tpeiper@aol.com or visit the web site www.bucknhorsehollow.com

FOR SALE:

Meeka - Looks like an Andalusian! 10yr old gray QH mare, 15.2hands, BEAUTIFUL mover! She is as smooth as glass to ride, has been in professional training with Stacey Dee of Grace Farms, trail rides, jumps, is ready for Training and First Level dressage. This lovely mare is a rare find with a great brain. Current price is \$3500. Call Stacey at 717-557-7582 for more info.

Gus - 5 year old, 17.2+ hand, dapple gray TB gelding. They don't get any nicer than this horse! Gus is big, beautiful, and loaded with talent and athleticism! He is a stand out in any ring, with the movement and suspension to wow in dressage, the scope and power to win in the jumpers

and eventing, and the grace and form to be a top notch hunter. This horse has it all! He is playful and fun to work with, has great manners, loves people, is athletic and graceful, and has no vices or issues to hold him back. He is a one in a million horse that stands out in a crowd - your next big star! He's super comfortable and has an auto lead change. He has been free jumped over 4' with ease and in perfect form. He is clean legged, has great feet, gets along with other horses, and is built to perform and hold up for the long haul. Suitable for a junior or amateur rider. Price will go up with additional training. Suitable for junior or amateur rider. Current price is \$15,000

Contact Stacey Dee at 717-557-7582 or gracefarm@yahoo.com www.gracefarms.com

Giselle - 10 year old, 13 hand buckskin registered Welsh Pony mare with lots of flashy chrome! Giselle is a one of a kind pony! We have had her since she was a yearling and she has had top notch training and handling her whole life. My kids are outgrowing her and so we are looking for one lucky junior rider who wants a world class pony to knock the socks off all the other competition! She has a great brain, is drop dead gorgeous, has a hack winning trot with the power and engagement to win in the dressage ring as well, jumps in text book perfect form (they don't jump any better than this pony!) She is well-bred, has impeccable conformation, is super sweet and easy to work with. She is an all around fabulous pony who is athletic, safe & sane, sound, talented, flashy and absolutely gorgeous! GREAT home only! This pony is very special to us and we will only sell her to the right person.

Current price is \$20,000

Contact Stacey Dee at 717-557-7582 or gracefarm@yahoo.com www.gracefarms.com

Hungarian Broodmare - 16h, 12 yrs, sound and healthy has had 3 fabulous foals. Winner Get of Mare Class at Fair Hill in '08. Her offspring have won USDF All Breeds 2008 Reserve Champion AWR, '08 PHR Silver Stirrup National Reserve Champion for Dressage Sporthorse, the '09 'Born In The USA' Filly Championship at Fair Hill. Double registered AWR. \$1500. or will consider a lease, can stay at my farm. Katherine Nelson 717-235-6665

Schleese JES dressage saddle Medium tree (adjustable) very good condition, quality leather \$1000. Katherine Nelson 717-235-6665

Albion dressage saddle. 17.5" Extra Wide SLK High Profile. Excellent condition. Asking \$1,000. Contact Linda Colflesh at 717-258-6166 of LColflesh@comcast.net.

Used RO-TO harrow for sale, good condition. needs teeth. \$500. Or best offer. FMI 410-692-6921 or 410-459-0798. Margaret Scarff

16 ½" Laser Dressage saddle adjustable tree, 16" flaps, excellent condition, panels re-flocked and soft. \$950. 717-235-6665 or katnels@msn.com.

BOARDING:

HARMONY HILL FARM 3 Boarding Opportunities: exceptional boarding program individualized to every horse personalized instruction & training For Every Level Of Horse & Rider *Hunters – Jumpers – Dressage* 150 X 275 Outdoor Arena Show Jumps – Dust Free Custom Footing, Regulation Size Dressage Arena, Olympic Caliber Perimeter – Custom Footing 72 X 152 Attached Indoor Arena, Bright & Airy – Custom Footing Permanent Cross Country Fences Manicured Fields, Hacking Paths & Wooded Trails *Visit Our Website* Harmony-Hill-Farm.com 717-528-4247

PAISLEY SKIES ... HIS slice of heaven; Marysville. Breezy. Panoramic 360 degrees of beautiful views overlooking thousands of acres of state land. Private barn w/ roomy tack & club room on 33 acres of manicured private trails & pastures. Scenic outdoor ring & multi-pastures

w/ shed & tree shade. 5 stalls available \$450.00. Personal Dressage Training available w/ CM. Coggins & References needed. Call Pammers Amende 717-379-3331.

RETIREMENT/ SEMI-RETIREMENT HOME Spacious in/out, good summer pasture, 24 hr hay, auto water. 800 acres of riding trails. Round pen. I have room for 2 more horses on my farm near Glen Rock I-83. \$200/mo Katherine Nelson 717-235-6665

NEWBERRYTOWN. New Private barn between Harrisburg and York, 5 minutes off I83. One stall available, sorry Geldings only. Quite small barn great for a retired horse. Matted stalls each with a Dutchdoor, for view and ventilation. Outdoor riding ring with great footing. Pastures with board fence or No Climb horse fence and lots of shade. **FULLCARE-** Hay available at all times, feeding, watering and stalls are done twice a day. Daily turnout weather permitting, I do not turn out in the rain. Brushing, hoof care are done daily, blanketing and fly protection as needed, holding for vet or Farrier if needed. Sate parks and trails nearby. \$250 per month. Call Christina Barclay Sauder 717-319-9241

NEED AN INDOOR ARENA FOR TRAINING? Cynthia (Cindy) Mattern, a USDF Bronze Medalist, has over 25 years of experience teaching riders and training horses in both Dressage and Hunt. She utilizes the pyramid for classical training. Cindy accepts trailer-ins at two (2) barns in the Dillsburg area, plus one (1) in Perry County. She will travel to you. See her ad in the IEO website. Call 717-796-0755 or kroniek1@aol.com References available.

EVELYN PFOUTZ - COOL BREEZE DRESSAGE, available for instruction, horse training, clinics, fix a tests, schooling show judging, and musical freestyle. Visit www.Coolbreezedressage.com.

If you would like to add or remove a classified ad, please call Kathy Nelson 717-235-6665 or email katherinnelson08@comcast.net. Non-member ad rates: Full page \$20. per issue; Half page \$15. per issue; Quarter page \$10. per issue; Classified ad or business card ad \$5. per issue. 'Camera ready' ad copy should be sent to Katherine Nelson, 9856 Holly Hill Lane, New Freedom, PA 17349.

Dues for December 1 – November 30

2012 IEO Membership Application

Name: _____

Address: _____

Telephone: _____ E-mail: _____

_____ Young Rider (under 22 years old) \$45.00 date of birth: _____

_____ Individual or Primary Adult \$50.00

_____ Additional Family Members \$35.00 each

List participating family members: (Include date of birth for Young Riders)

Make check payable to I.E.O. and send to: Cindy Mattern
2889 Ford Farm Road
Mechanicsburg, PA 17055

